

Figure Skating Programs and Development/Pipeline of Figure Skating

U.S. Figure Skating Basic Skills Program: the FUNdamentals

Offering 12 different badge curriculums that are fun, challenging and rewarding to learn the fundamentals of skating

Bridge Program/Junior Club

The link between Basic Skills and Full Club Membership. It introduces skaters to training programs, different skating disciplines and teaches them what is required to go to the next level.

U.S. Figure Skating Club Membership

There are five separate disciplines in the sport of figure skating: ladies singles, men's singles, pairs, ice dancing and synchronized skating. Within each discipline there is a unique test structure and competitive pipeline that takes you from Basic Skills to the elite levels of the sport.

TESTS

The test structure is the backbone of U.S. Figure Skating. Passing skill tests by official judges advances the skater to the next level. Skaters test in moves in the field, free skating, pairs and ice dancing. As a skater advances, the tests become more difficult. The highest achievement in each discipline is the gold test.

Pre-preliminary

Preliminary

Pre-Juvenile

Juvenile

Intermediate

Novice

Junior

Senior

Adult Test Program*

NONQUALIFYING COMPETITIONS

Skaters of all ages and can participate in non-qualifying competitions to earn awards and showcase skill mastery. Nonqualifying competitions are divided into two tracks; one is more recreational and the other is more competitive in nature. Skaters compete at their current skill and test levels and are open to all members to participate.

Basic Skills

No Test/Beginner

Pre-preliminary

Preliminary

Pre-Juvenile

Juvenile/Open*

Intermediate

Novice

Junior

Senior

Collegiate and Intercollegiate

Adult Levels*

QUALIFYING SYSTEM

This is the pipeline for singles, pairs and ice dancing to advance to the U.S. Junior Championships, U.S. Championships, international competitions, World Championships and Olympic Winter Games. The top skaters advance in the juvenile to senior levels and compete for various titles based on age and test level.

Juvenile*

Intermediate*

Novice

Junior

Senior

U.S. Collegiate Championships

U.S. Adult Championships*

U.S. Junior Championships

U.S. Championships

International competitions, Worlds, Olympics

SYNCHRONIZED SKATING

Synchronized skating is a team sport in which eight to 20 skaters perform a program together. It is characterized by teamwork, speed, intricate formations and challenging step sequences. Synchronized skating has its own qualifying competition system which mirrors s/p/d and leads to the U.S. Synchronized Championships, international competitions and the World Synchronized Championships.

Beginner 1-3

Preliminary

Pre-Juvenile*

Juvenile/Open*

Intermediate*

Novice*

Junior*

Senior*

Collegiate/Open

Adult/Open*

Masters*

Beginner 1, 2 and 3 are offered at U.S. Figure Skating Basic Skills competitions and U.S. Figure Skating nonqualifying competitions

Preliminary, pre-juvenile, open juvenile, open collegiate and open adult are offered at nonqualifying competitions and sectional championships.

Juvenile-masters are offered at nonqualifying competitions and sectional championships. The top four from sectionals advance to the U.S. Synchronized Skating Championships.



The mission of U.S. Figure Skating is to provide programs to encourage participation and achievement in the sport of figure skating.

*These levels have age restrictions, refer to a current U.S. Figure Skating rulebook for more information.